



# Welcome to Special Olympics Sydney Upper North Shore Club

Special Olympics provides weekly sport training as well as the opportunity to participate in regional, state, national and international competitions to people with an intellectual disability.

## Trial Period

Trialling Athletes are entitled to 3 Free Trial Lessons in their chosen sports.  
After the trial period is complete Trialling Athletes need to Register as a New Athlete or a New Recreational Athlete.

Finished your Trial Period? Choose a Registration Form and follow the steps below your chosen form to complete the form.

### New Athlete Registration

(For Athletes 8 years & over who wish to participate in Special Olympics competitions and attend more than two sport programs)

**Step 1:** Book long appointment with your GP

**Step 2:** Attend appointment with your form. Doctor must complete Healthcare Assessment Form (Section 7 - Page 3 & 4). Doctor must sign and date the form. Please note: Medical Referral (Section 8 - Page 5) only needs to be completed if athlete has not been cleared for sport participation.

**Step 3:** Complete Sections 1-6 (Page 1-2) and the Authorisation (Page 6). Please read the Privacy Statement and Athlete Code of Conduct (Page 7-9) before signing the Authorization.

**Step 4:** Return form via email to [admin@souppernorthshore.com](mailto:admin@souppernorthshore.com) or by post to PO BOX 3265, Asquith, NSW, 2077.

### New Recreational Athlete Registration

(For Athletes 4 years & over who do not want to participate in Special Olympics competitions. Please note - Recreational Athletes can only attend two sport programs)

**Step 1:** Book short appointment with your GP

**Step 2:** Attend appointment with your form. Doctor must complete Healthcare Assessment & Authorisation to Participate (Section 5 & 6 on Page 2). Doctor must sign and date the form.

**Step 3:** Complete Sections 1-4 (Page 1-2), Sections 7-8 (Page 3) and the Authorisation (Page 4). Please read the Privacy Statement and Athlete Code of Conduct (Page 5-7) before signing the Authorization.

**Step 4:** Return form via email to [admin@souppernorthshore.com](mailto:admin@souppernorthshore.com) or by post to PO BOX 3265, Asquith, NSW, 2077.

If you have further questions about registration call 0481582576 or email [admin@souppernorthshore.com](mailto:admin@souppernorthshore.com)